

Lemon Chicken Orzo Soup

Nutrition Facts

1 serving per container

Serving size (648g)

Amount Per Serving

Calories **250**

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 25mg **8%**

Sodium 460mg **20%**

Total Carbohydrate 35g **13%**

Dietary Fiber 5g **18%**

Total Sugars 6g

Includes 0g Added Sugars **0%**

Protein 14g

Vitamin D 0mcg **0%**

Calcium 60mg **4%**

Iron 2.2mg **10%**

Potassium 590mg **15%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: VEGETABLE BROTH, CARROT, CHICKEN BREAST, ONION, ORZO, CELERY, OLIVE OIL, LEMON JUICE, GARLIC, PARSLEY, SEA SALT, POULTRY SEASONING (THYME, SAGE, MARJORAM, ROSEMARY, BLACK PEPPER, AND NUTMEG), GARLIC POWDER, THYME, ONION POWDER, BAY LEAF, ROSEMARY

CONTAINS: WHEAT

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104