

Wild Caught Salmon with Rice Pilaf & Broccoli and Brussels

Nutrition Facts

1 serving per container

Serving size (0.0g)

Amount Per Serving

Calories **580**

% Daily Value*

Total Fat 18g **23%**

Saturated Fat 3g **15%**

Trans Fat 0g

Cholesterol 85mg **28%**

Sodium 130mg **6%**

Total Carbohydrate 66g **24%**

Dietary Fiber 8g **29%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

Protein 47g

Vitamin D 24mcg 120%

Calcium 80mg 6%

Iron 4.6mg 25%

Potassium 1290mg 25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SALMON, VEGETABLE BROTH, BRUSSEL SPROUTS, BROCCOLI, ORZO, BROWN RICE, ONIONS (ONIONS, OLIVE OIL), LEMON, OLIVE OIL, GARLIC, CFH SEASONING (PAPRIKA, GARLIC POWDER, ONION POWDER, OREGANO, THYME), THYME, DILL

CONTAINS: SALMON

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104