

Turkey, Kale, & White Bean Soup

Nutrition Facts	
1 serving per container	
Serving size	(0.0g)
Amount Per Serving	
Calories	300
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 840mg	37%
Total Carbohydrate 40g	15%
Dietary Fiber 9g	32%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 150mg	10%
Iron 5.1mg	30%
Potassium 1120mg	25%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WHITE BEANS (CANNELLINI BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT), AND CALCIUM DISODIUM EDTA (COLOR)), GROUND TURKEY, POTATOES, KALE, CARROTS, ONION, GARLIC, OLIVE OIL, SEA SALT

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104