

# Chicken Fajita Salad

## Nutrition Facts

1 serving per container

**Serving size** (0.0g)

**Amount Per Serving**

**Calories** **320**

**% Daily Value\***

**Total Fat** 5g **6%**

Saturated Fat 1.5g **8%**

*Trans Fat* 0g

**Cholesterol** 30mg **10%**

**Sodium** 370mg **16%**

**Total Carbohydrate** 52g **19%**

Dietary Fiber 14g **50%**

Total Sugars 8g

Includes 0g Added Sugars **0%**

**Protein** 20g

Vitamin D 0mcg 0%

Calcium 170mg 15%

Iron 4.7mg 25%

Potassium 1020mg 20%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BLACK BEANS, SPRING MIX, CORN, SWEET, YELLOW, FROZEN, KERNELS CUT OFF COB, BOILED, DRAINED, WITHOUT SALT, TOMATOES, ONION, CHICKEN BREAST, LIMES, SALSA, SHARP CHEDDAR, OLIVE OIL, GARLIC POWDER, ONION POWDER, PAPRIKA, THYME

CONTAINS: MILK

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104