

Salmon Salad Cup

Nutrition Facts	
1 serving per container	
Serving size	(0.0g)
Amount Per Serving	
Calories	630
% Daily Value*	
Total Fat 32g	41%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 135mg	45%
Sodium 500mg	22%
Total Carbohydrate 16g	6%
Dietary Fiber <1g	3%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 74g	
Vitamin D 24mcg	120%
Calcium 540mg	40%
Iron 1mg	6%
Potassium 1570mg	35%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: GREEK YOGURT, SALMON, CELERY, MAYO, LEMON JUICE, GREEN ONIONS, DILL

CONTAINS: SALMON

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104

Salmon Salad Box Lunch

Nutrition Facts

1 serving per container

Serving size (0.0g)

Amount Per Serving

Calories **910**

% Daily Value*

Total Fat 47g **60%**

Saturated Fat 15g **75%**

Trans Fat 0g

Cholesterol 135mg **45%**

Sodium 740mg **32%**

Total Carbohydrate 50g **18%**

Dietary Fiber 4g **14%**

Total Sugars 19g

Includes 0g Added Sugars **0%**

Protein 77g

Vitamin D 24mcg **120%**

Calcium 570mg **45%**

Iron 2.1mg **10%**

Potassium 1760mg **35%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GREEK YOGURT, SALMON, CELERY, CRACKERS, MAYO, MACAROON, LEMON JUICE, GREEN ONIONS, DILL

CONTAINS: SALMON

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Salmon Salad Sandwich

Nutrition Facts

1 serving per container

Serving size (0.0g)

Amount Per Serving

Calories **850**

% Daily Value*

Total Fat 35g **45%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

Cholesterol 135mg **45%**

Sodium 840mg **37%**

Total Carbohydrate 60g **22%**

Dietary Fiber 11g **39%**

Total Sugars 19g

Includes 0g Added Sugars **0%**

Protein 84g

Vitamin D 24mcg 120%

Calcium 540mg 40%

Iron 3.2mg 20%

Potassium 1760mg 35%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GREEK YOGURT, SALMON,
DAVE'S KILLER BREAD, CELERY, MAYO,
LEMON JUICE, GREEN ONIONS, DILL

CONTAINS: WHEAT, SALMON

CUISINE FOR HEALING 1614 MISTLETOE
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Salmon Salad Sandwich Box Lunch

Nutrition Facts

1 serving per container

Serving size (0.0g)

Amount Per Serving

Calories 1130

% Daily Value*

Total Fat 55g **71%**

Saturated Fat 16g **80%**

Trans Fat 0g

Cholesterol 135mg **45%**

Sodium 960mg **42%**

Total Carbohydrate 87g **32%**

Dietary Fiber 15g **54%**

Total Sugars 27g

Includes 0g Added Sugars **0%**

Protein 87g

Vitamin D 24mcg 120%

Calcium 540mg 40%

Iron 3.9mg 20%

Potassium 2230mg 45%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: GREEK YOGURT, SALMON, DAVE'S KILLER BREAD, CELERY, MAYO, MACAROON, CHIPS, LEMON JUICE, GREEN ONIONS, DILL

CONTAINS: WHEAT, SALMON

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