

# Veggie Lasagna

## Nutrition Facts

1 serving per container

**Serving size** (557g)

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**Amount Per Serving**

**Calories** 840

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**% Daily Value\***

<b>Total Fat</b> 49g	<b>63%</b>
Saturated Fat 50g	<b>250%</b>
Trans Fat 0g	
<b>Cholesterol</b> 105mg	<b>35%</b>
<b>Sodium</b> 1320mg	<b>57%</b>
<b>Total Carbohydrate</b> 72g	<b>26%</b>
Dietary Fiber 7g	<b>25%</b>
Total Sugars 12g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 43g	
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Vitamin D 0.3mcg	2%
Calcium 7340mg	560%
Iron 2.1mg	10%
Potassium 1160mg	25%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTA SAUCE, RICOTTA CHEESE (WHEY, PASTEURIZED MILK, VINEGAR, SALT, XANTHAN GUM), MOZZARELLA SHREDDED, ORGANIC BROWN RICE FLOUR, WATER, PORTABELLA MUSHROOMS, SPINACH, ONION, PARMESAN CHEESE SHREDED, GARLIC, OLIVE OIL

CONTAINS: MILK, EGG

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104