

Fresh Fruit Salad With Chicken

Nutrition Facts	
1 serving per container	
Serving size	(413g)
Amount Per Serving	
Calories	420
% Daily Value*	
Total Fat 23g	29%
Saturated Fat 6g	30%
<i>Trans Fat</i> 0g	
Cholesterol 50mg	17%
Sodium 420mg	18%
Total Carbohydrate 37g	13%
Dietary Fiber 7g	25%
Total Sugars 26g	
Includes 4g Added Sugars	8%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 940mg	70%
Iron 6.3mg	35%
Potassium 1770mg	40%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: SPINACH, STRAWBERRIES, CHICKEN BREAST, BLUEBERRIES, FETA, HONEY, JELLY, OLIVE OIL, WALNUTS, RED WINE VINEGAR, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: WALNUT

CUISINE FOR HEALING 1614 MISTLETOE
BLVD FW TX 76104

Fresh Fruit Salad

Nutrition Facts	
1 serving per container	
Serving size	(356g)
Amount Per Serving	
Calories	370
% Daily Value*	
Total Fat 22g	28%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	5%
Sodium 390mg	17%
Total Carbohydrate 37g	13%
Dietary Fiber 7g	25%
Total Sugars 26g	
Includes 4g Added Sugars	8%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 940mg	70%
Iron 6.1mg	35%
Potassium 1560mg	35%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: SPINACH, STRAWBERRIES, BLUEBERRIES, FETA, HONEY, JELLY, OLIVE OIL, WALNUTS, RED WINE VINEGAR

CONTAINS: MILK, WALNUT

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104