

Nutty Chicken Cup

Nutrition Facts	
1 serving per container	
Serving size	(0.0g)
Amount Per Serving	
Calories	370
% Daily Value*	
Total Fat 24g	31%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 85mg	28%
Sodium 210mg	9%
Total Carbohydrate 14g	5%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 5g Added Sugars	10%
Protein 27g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.3mg	6%
Potassium 570mg	10%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: CHICKEN BREAST, CRANBERRIES, WALNUTS, MAYO, CELERY, TARRAGON

CONTAINS: WALNUT

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104

Nutty Chicken Cup Box Lunch

Nutrition Facts	
1 serving per container	
Serving size	(0.0g)
Amount Per Serving	
Calories	650
% Daily Value*	
Total Fat 44g	56%
Saturated Fat 14g	70%
<i>Trans Fat</i> 0g	
Cholesterol 85mg	28%
Sodium 330mg	14%
Total Carbohydrate 41g	15%
Dietary Fiber 6g	21%
Total Sugars 17g	
Includes 5g Added Sugars	10%
Protein 30g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 2mg	10%
Potassium 1040mg	20%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: CHICKEN BREAST,
MACAROON, CHIPS, WALNUTS,
CRANBERRIES, MAYO, CELERY, TARRAGON

CONTAINS: WALNUT

CUISINE FOR HEALING 1614 MISTLETOE
BLVD FW TX 76104

Nutty Chicken Sandwich

Nutrition Facts	
1 serving per container	
Serving size	(0.0g)
Amount Per Serving	
Calories	590
% Daily Value*	
Total Fat 27g	35%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 85mg	28%
Sodium 540mg	23%
Total Carbohydrate 58g	21%
Dietary Fiber 12g	43%
Total Sugars 19g	
Includes 5g Added Sugars	10%
Protein 37g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 3.4mg	20%
Potassium 720mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CHICKEN BREAST, DAVE'S KILLER BREAD, WALNUTS, CRANBERRIES, MAYO, TARRAGON

CONTAINS: WALNUT

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104

Nutty Chicken Sandwich Box Lunch

Nutrition Facts	
1 serving per container	
Serving size	(0.0g)
Amount Per Serving	
Calories	870
% Daily Value*	
Total Fat 47g	60%
Saturated Fat 14g	70%
<i>Trans</i> Fat 0g	
Cholesterol 85mg	28%
Sodium 660mg	29%
Total Carbohydrate 85g	31%
Dietary Fiber 16g	57%
Total Sugars 27g	
Includes 5g Added Sugars	10%
Protein 40g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 4.1mg	25%
Potassium 1190mg	25%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: CHICKEN BREAST, DAVE'S KILLER BREAD, MACAROON, CHIPS, WALNUTS, CRANBERRIES, MAYO, TARRAGON

CONTAINS: WALNUT

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104

Nutty Chicken Salad on a Salad

Nutrition Facts

1 serving per container

Serving size (366g)

Amount Per Serving

Calories **610**

% Daily Value*

Total Fat 38g **49%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

Cholesterol 85mg **28%**

Sodium 300mg **13%**

Total Carbohydrate 45g **16%**

Dietary Fiber 4g **14%**

Total Sugars 35g

Includes 10g Added Sugars **20%**

Protein 28g

Vitamin D 0mcg 0%

Calcium 120mg 10%

Iron 2.5mg 15%

Potassium 980mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CHICKEN BREAST, SPRING MIX, TOMATOES, HONEY, CARROT, JELLY, CELERY, WALNUTS, CRANBERRIES, MAYO, OLIVE OIL, RED WINE VINEGAR, TARRAGON

CONTAINS: WALNUT

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104