

# Veggie Hummus Wrap

## Nutrition Facts

Servings 1.0

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### Amount Per Serving

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**calories** 397

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### % Daily Value \*

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**Total Fat** 10 g **16 %**

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Saturated Fat 0 g **2 %**

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Monounsaturated Fat 1 g

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Polyunsaturated Fat 3 g

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Trans Fat 0 g

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**Cholesterol** 0 mg **0 %**

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**Sodium** 404 mg **17 %**

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**Potassium** 580 mg **17 %**

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### Total

**Carbohydrate** 63 g **21 %**

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**Dietary Fiber** 9 g **38 %**

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**Sugars** 3 g

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**Protein** 13 g **26 %**

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Vitamin A **96 %**

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Vitamin C **40 %**

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Calcium **44 %**

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Iron **14 %**

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\* The Percent Daily Values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs. The values here may not be 100% accurate because the recipes have not been professionally evaluated nor have they been evaluated by the U.S. FDA.

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