

Bun-less Burger

Nutrition Facts

1 serving per container

Serving size (416g)

Amount Per Serving

Calories **600**

% Daily Value*

Total Fat 36g **46%**

Saturated Fat 9g **45%**

Trans Fat 0g

Cholesterol 180mg **60%**

Sodium 570mg **25%**

Total Carbohydrate 40g **15%**

Dietary Fiber 8g **29%**

Total Sugars 10g

Includes 0g Added Sugars **0%**

Protein 33g

Vitamin D 0.6mcg 4%

Calcium 190mg 15%

Iron 4mg 20%

Potassium 2680mg 60%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SWEET POTATO, GROUND TURKEY, RED PEPPERS, ONION, DILL PICKLES, OLIVE OIL, GARLIC, VINEGAR, SEA SALT, GARBANZO BEANS, EGGS, SPINACH, QUICK ROLLED OATS, TOMATOES, OLIVE OIL, LEMON JUICE, PARMESAN CHEESE, GOAT CHEESE, PARSLEY, GARLIC, BASIL, ITALIAN SEASONING (MARJORAM, THYME, ROSEMARY, SAVORY, SAGE, OREGANO, BASIL)

CONTAINS: EGG

CUISINE FOR HEALING 1614 MISTLETOE BLVD FW TX 76104