

The Environmental Working Group's 2021 Dirty Dozen List

The fruit and veggies with the most pesticide residues



1. Strawberries



2. Spinach



3. Kale, Collard &
Mustard Greens



4. Nectarines



5. Apples



6. Grapes



7. Cherries



8. Peaches



9. Pears



10. Bell & Hot
Peppers



11. Celery



12. Tomatoes



Strawberries and Spinach
were the worst offenders for
a fifth straight year.



A single sample of kale, collard
& mustard greens had up to 20
different pesticide residues.

Source: <https://www.ewg.org>

AlgaeCal