

ORDERING FOR A CROWD?

CALL FOR INFORMATION
ABOUT PLACING

TRAY ORDERS * Includes
Healthy Chips
& Dessert

\$7.50 per person – no minimum

Includes Healthy Chips and
CFH Famous Assorted Desserts



Mom's Chicken
Salad Wrap

Very Veggie Rollup
w/cream cheese

Chicken Fajita
Wrap w/ Salsa

Nutty Cranberry
Chicken Salad
Sandwich

On the Go
Protein Box

Mom's
Chicken Salad
Wrap




Named Best of Fort Worth in the
GRAB'N GO MEALS
category by readers of
Fort Worth Magazine,
3 YEARS IN A ROW!

Cuisine 
for Healing[®]


www.cuisineforhealing.org

1614 Mistletoe Blvd.
Fort Worth, Texas 76104
info@cuisineforhealing.org

817.921.2377

 Cuisine for Healing

 @cuisine4healing

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NONPROFIT
**Cuisine
for Healing**



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VOTED BEST GRAB'N GO

*Your purchase of
our local nonprofit's
delicious, clean to-go meals
not only benefit your health,
but also community members
in a health crisis.*

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Summer SPECIALS

➔ TUESDAY

- Summer Veggie Soup..... \$7
- Pasta & Spring Veggies
tossed Spinach Pesto\$9
- Santa Fe Beef Stuffed Bell Pepper
w/ Sweet Potato Wedges.....\$10.50
- Wild Caught Salmon
w/Lemon Pasta Salad..... \$11.50
- Southern Style Smothered Chicken w/ Gravy,
Mashed Potatoes & Seasonal Veggies.....\$11

➔ FRIDAY

- Creamy Tomato Basil Soup\$6
- Mediterranean Pasta Salad
w/Chicken & Greek dressing.....\$9
- Italian Spinach & Mushroom Lasagna \$9
- Chicken & Veggie Skewers &
Asian Cauliflower Rice\$10.50
- BBQ Chicken, Sweet Potatoes
& Seasonal Veggies..... \$10.50

EVERYDAY MENU

- Classic Macaroni & Cheese.....\$6
- Soft Beef Tacos w/ all the fixings.....\$9.50
- Country Club Cobb Salad.....\$8.50
- Chicken Fajita Salad w. Chia Ranch\$9.50
- Spaghetti w/Turkey Meatballs
& Seasonal Veggies\$10.50

BOX LUNCHES * Includes Healthy Chips, & Dessert

- Very Veggie Roll-up w/Cream Cheese ..\$9.25
- Mom's Chicken Salad..... \$9.75
- Mom's Chicken Salad Wrap..... \$9.75
- Chicken Fajita Wrap w/ Salsa\$9.75
- Nutty Cranberry
Chicken Salad Sandwich \$9.75
- Protein Box \$10

FEATURE OF THE WEEK

- 7/1 - Red, White, & Blue Salad.....\$9
- 7/8 - Bun-less Turkey Patty w/Spinach Pesto
& Sweet Potato Wedges\$10.50
- 7/15 - Moroccan Spiced Chicken\$10.00
- 7/22 - Healthy Joe Lettuce Wrap\$9.50

DESSERTS

- Blonde Coconut Macaroons
with Cranberries – 1/2 Dozen....\$5
- Peanut Butter Protein
Poppers – 1/2 Dozen\$5
- Chocolate Peanut Butter Chia
Power Balls – 1/2 Dozen\$5

SNACKS & MORE

- Healthy Chips\$1.75
- Wendy's Organic Snack Mix
4 oz.....\$5
8 oz.....\$8

**All dressings, nuts, and cheeses
not cooked in a recipe
are in a separate container
on the side.*

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*Pick Up or Free Delivery in
Farrant County.
You Choose!*

